

York Region
**Food
Network**



Introducing 'Community Cooks' a pilot project that will offer individuals in our community an opportunity to gain accreditation and skills within the food sector through hands-on kitchen training and accreditation. Participants will be using end-of-life and surplus foods to prepare healthy, ready-to-eat meals.

Meals will be distributed within the community to clients at Hospice King-Aurora, Aurora Food Pantry and York Region Food Network.

In addition to providing individuals with an opportunity to develop skills and job readiness, this program will also build participants and community awareness around food waste and the opportunities available in Ontario's food sector.

Meet/greet/lunch/orientation:

Wednesday September 28th, 2016 and Wednesday October 5th, 2016
10 am to 1pm

Come to one of the orientations to hear what you can expect. We will prepare and eat lunch together.

Program start date: The sessions will be offered on a rotating basis every Wednesday from October 12th to Wednesday November 30th, 2016. Participants can join at any point in the schedule.

There will be 8 rotating sessions. Sessions may include:

- Food Handler Certification
- Saving food and meal preparation skills
- Volunteer opportunities
- Smart Serve Certificate
- First Aid / CPR

Outcomes: After attending 6 sessions the participant will receive a certificate of completion and a letter from YRFN for future employment opportunities.

Costs: This program is funded by Trillium and there will be no fee charged to the participant.

Location: All sessions will be at York Region Food Network, 350 Industrial Parkway, Aurora, L4G 3V7 (unless otherwise stated).

Contact: For more information or to put your name on the list please contact:

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