

Good  
Food

# CHALLENGE: FAMILY EDITION

BINGO

Your food waste footprint	Try a plant-based meal	Seed saving workshop	Time to share	Freshen up kitchen hacks
Big batch and freeze	What goes where?	Love your leftovers	Register/intro survey	Compost: make a soil-arium
Kids in the kitchen workshop	Time to share	<b>FREE SPACE</b>	Take stock of your kitchen	Eat a rainbow
Join FB group/share	Winter composting with worms	Food storage basics	Meal planning basics	Climate quiz
Plant a seed: micro-greens	Pantry challenge	Food math: grocery tracker	Use your ends and peels	Final survey

#YRgoodfoodchallenge

